

## Emergency Assistance & Food

Organisation	Type of Assistance	Hours
<p><b>Anglicare Emergency Relief</b> 240 Birrell Street Waverley</p> <p><b>Ph: 8624 8600</b> <b>(by appointment only)</b></p>	<p>Emergency Relief</p> <ul style="list-style-type: none"> <li>• Electricity/ gas</li> <li>• Water</li> <li>• Telstra bills</li> <li>• Casework and advocacy for financial assistance</li> <li>• NO FOOD PARCEL APPOINTMENTS AT THE SITE</li> </ul>	<p>9am- 4pm Mondays only</p> <p>(please call at 9am on Monday as the service is by appointment only)</p>
<p><b>Asylum Seekers Centre</b> (Services for asylum seeker client's only) 43 Bedford Street Newtown</p> <p><b>Ph: 9078 1900</b></p>	<ul style="list-style-type: none"> <li>• Financial relief</li> <li>• Food Pantry</li> <li>• Hot Lunches</li> <li>• Case Management and counselling</li> <li>• Social Activities</li> </ul>	<p>Monday to Friday 10am- 2pm</p> <p>For Interpreter Ph: 131 450</p>
<p><b>Community Pantry</b></p> <p><b>St Marks Malabar</b> (every second Friday) Cnr Franklin &amp; Victoria Lane Malabar <b>Ph: 9311 0309</b></p> <p><b>St Pauls South Coogee</b> (every second Thursday) 1 Gregory Street South Coogee <b>Ph: 0407 891 306</b></p>	<ul style="list-style-type: none"> <li>• Fill bag with groceries for \$10</li> <li>• Bring pension or health care card</li> </ul>	<p>Community Pantry @ St Marks Malabar 10am-11am (every second Friday)</p> <p>Community pantry @ St Pauls South Coogee 3:30pm-4:30pm (every Second Thursday)</p>
<p><b>Exodus Foundation</b> 180 Liverpool Street Ashfield</p> <p><b>Ph: 8752 4600</b></p>	<ul style="list-style-type: none"> <li>• Free meals (takeaway only)</li> </ul>	<p><b>Meals:</b> Breakfast: 9am-9:45am Lunch: 11:30am-12:45pm Dinner: 7:30pm-8:30pm (Woolloomooloo only)</p>

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<p><b>Hope Street Urban Compassion</b> 91 Forbes Street Woolloomooloo</p> <p><b>Ph: 9358 2388</b></p>	<ul style="list-style-type: none"> <li>• Café (Take away only)</li> <li>• Feminine products</li> <li>• Food parcels</li> </ul>	<p>Monday- Friday 9am-5pm (By appointment only)</p>
<p><b>Jewish House</b> 17 Flood Street Bondi</p> <p><b>Ph: 1300 544 357</b></p>	<ul style="list-style-type: none"> <li>• 24hr Crisis help line</li> <li>• Crisis Accommodation</li> <li>• Case Management</li> </ul>	<p>Crisis line 24hr Office: Monday- Friday 9am-5pm</p>
<p><b>Jubilee Resources Church In The Market Place</b> 400 Oxford Street Bondi Junction</p> <p><b>Ph: 9387 2300</b></p>	<ul style="list-style-type: none"> <li>• Low Interest loans (appointment only)</li> </ul>	<p>Monday to Friday 9am-5pm</p>
<p><b>Matthew Talbot Hostel</b> 22 Talbot Lane Woolloomooloo</p> <p><b>Ph: 9357 1533</b></p>	<p><b>Men 21 years + only</b></p> <ul style="list-style-type: none"> <li>• Free meals</li> <li>• Health Clinic</li> <li>• Case Management</li> <li>• Counselling</li> <li>• Clothing assistance</li> <li>• Accommodation</li> </ul>	<p><b>Free Meals 7 Days</b></p> <ul style="list-style-type: none"> <li>• Breakfast: 7:30am</li> <li>• Lunch: 12:30pm</li> <li>• Take away dinner from 4:30pm</li> </ul> <p><b>Clothing:</b> Mon, Wed &amp; Fri</p>
<p><b>Mission Beat</b></p> <p><b>Free Call: 1800 306 461</b></p>	<p>Emergency transport service for Sydney's homeless community</p> <ul style="list-style-type: none"> <li>• 1 person in van only</li> </ul>	<p>7am to 10:30pm 7 days a week</p>
<p><b>Newtown Mission Drop In</b> 280A King Street Newtown</p> <p><b>Ph: 9519 9000</b></p>	<p>Food Packages</p> <ul style="list-style-type: none"> <li>• Take away meals only</li> </ul>	<p>Tue, Wed, Fri 1-3pm Thurs 6-8pm</p>
<p><b>Newtown Neighbourhood Centre</b> 1 Bedford Street Newtown</p> <p><b>Ph: 6564 7333</b></p>	<ul style="list-style-type: none"> <li>• Boarding House outreach service</li> <li>• Counselling</li> <li>• Aged Care Support</li> </ul> <p>Phone and email only No face-to-face outreach or groups</p>	<p>Mon, Tues, Wed 9:30am-2pm Thursday 2pm-4:30pm Closed Friday</p>

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<p><b>OzHarvest Market</b> 147 Anzac Parade Kensington</p> <p><b>Ph: 1800 108 006</b></p>	<ul style="list-style-type: none"> <li>• Food and Grocery Items</li> </ul>	Tuesday to Friday 10am-2pm
<p><b>Rough Edges Café / St Johns Anglican Church</b> 231a Victoria Street Darlinghurst</p> <p><b>Ph: 9360 6844</b></p>	<ul style="list-style-type: none"> <li>• Counselling by phone</li> <li>• Take away dinner</li> <li>• Meetings by appointments – made through Anglicare</li> </ul>	Dinner: 7:30pm – 10pm
<p><b>South Eastern Community Connect</b> Shop 84, Eastlakes Shopping Centre, Eastlakes</p> <p>1007 Botany Road Mascot</p> <p><b>Ph: 8338 8506 (Eastlakes) 7903 0607 (Mascot)</b></p>	<ul style="list-style-type: none"> <li>• Shopping + Home delivery Service</li> <li>• Have difficulty shopping due to physical or mental health conditions</li> <li>• At least 18 years old</li> </ul>	Monday to Friday 9am-4:30pm
<p><b>St Vincent de Paul Intake Line</b> Intake Line</p> <p><b>Ph: 9560 2656</b></p>	<p>Welfare Assistance</p> <ul style="list-style-type: none"> <li>• Food, furniture, clothing</li> </ul> <p>Financial Assistance Emergency Relief Social Support Advice and Referrals</p>	<b>By Appointment Only</b> Monday to Friday 9am-5pm
<p><b>Sydney Multicultural and Community Services</b> 3 General Bridges Crescent Daceyville</p> <p><b>Ph: 9663 3922</b></p>	<ul style="list-style-type: none"> <li>• <b>EAPA Vouchers</b> to assist recently arrived migrants and refugees (eligibility requirements)</li> <li>• Legal Aid Services once a month</li> <li>• Financial assistance for newly arrived migrants</li> </ul>	<b>By Appointment Only</b> Monday to Friday 8:30am-5pm
<p><b>The Salvation Army Crisis Assessment Line</b></p> <p><b>Ph: 1300 371 288</b></p>	<ul style="list-style-type: none"> <li>• Emergency relief for bills, food and clothing</li> </ul> <p>Eligibility requirements</p>	Monday to Friday 9am-5pm

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<p><b>The Salvation Army Street Level Café</b> 339 Crown Street (enter from Derby Lane off Albion) Surry Hills</p> <p><b>Ph: 9380 2882</b></p>	<p><b>Take away food only</b></p> <ul style="list-style-type: none"> <li>• \$2 breakfast and lunch</li> <li>• Free Thursday lunch</li> <li>• Financial Counsellor (by appointment)</li> <li>• EAPA services (assistance with energy bills)</li> <li>• Laundry/shower facilities</li> <li>• Caseworker Wed-Fri</li> <li>• Lockers</li> </ul>	<p>Monday to Friday 12pm-2pm</p>
<p><b>The Salvation Army Maroubra</b> 100 Boyce Road Maroubra</p> <p><b>Ph: 9314 2166</b></p>	<ul style="list-style-type: none"> <li>• Free breakfast</li> <li>• Free lunch</li> </ul>	<p><b>Breakfast:</b> Tuesday 9am-10:30am</p> <p><b>Lunch:</b> Wednesday 12pm</p>
<p><b>The Staples Bag</b> John Northcott Building 50/40-50 Belvoir Street Surry Hills</p> <p><b>Ph: 9787 6832</b></p>	<ul style="list-style-type: none"> <li>• Groceries</li> <li>• \$20 for standard bag (for 2 people for a week)</li> <li>• \$30 for family bag (for 4 people for a week)</li> <li>• \$15 for vegetarian bag</li> <li>• \$7 flat rate delivery fee per customer (call to check if they deliver to your suburb)</li> </ul>	<p>Friday 2pm-3pm</p>
<p><b>The Station</b> Corner of Clarence and Erskine Street Sydney</p> <p><b>Ph:9299 2252</b></p>	<p><b>Drop-in Centre for Homeless persons 21 years and over</b></p> <ul style="list-style-type: none"> <li>• Shower, Laundry</li> <li>• Free breakfast</li> <li>• Free lunch</li> <li>• Legal assistance (Mondays)</li> <li>• GP (Mondays)</li> <li>• Psychiatrist (Tuesdays)</li> </ul>	<p>Monday to Friday 7:30am-3pm Sat and Sunday 7:30am-1pm</p>
<p><b>Uniting Church 'Newtown Mission' The Jordan Café</b> 280A King Street Newtown</p> <p><b>Ph: 9519 9000</b></p>	<p><b>Take away food only</b></p> <ul style="list-style-type: none"> <li>• Free Meals</li> </ul>	<p><b>Lunch:</b> Tues, Wed, Fri 1pm-3pm</p> <p><b>Dinner:</b> Thursday 6pm-8pm</p>
<p><b>Vine Church</b> 200 Albion Street Surry Hills</p> <p><b>Ph: 8937 4521</b></p>	<p><b>Take away food only</b></p> <ul style="list-style-type: none"> <li>• Free breakfast</li> </ul>	<p>Sundays 8am-8:45am</p>

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<b>Wayside Bondi</b> <b>Norman Andrews House</b> 77 Roscoe Street Bondi Beach  <b>Ph: 9581 9193</b>	<ul style="list-style-type: none"> <li>• Free breakfast: 8:30am - 9:15am</li> <li>• Lunch: 12pm-12:30pm (Lunches from \$1, \$1.50, &amp; \$2)</li> <li>• Laundry and shower facilities</li> </ul>	Monday to Friday 9am-1pm
<b>The Wayside Chapel</b> 29 Hughes Street Potts Point  <b>Ph 9581 9100</b>	<ul style="list-style-type: none"> <li>• Low cost meals</li> <li>• Showers</li> <li>• Clinics – legal, physical, health, mental health, Centerlink, SMART Recovery, housing</li> </ul>	Monday – Saturday 9:15am- 10:30am  Sunday 10am- 10:30am
<b>Woollahra Food Pantry</b> <b>Woollahra Seventh- day</b> <b>Adventist Church</b> 219 Edgecliff Road Woollahra (access in Chester Lane).  <b>Ph: 0409 456 553</b>	<ul style="list-style-type: none"> <li>• Free Food &amp; Grocery Items</li> </ul>	Tuesdays 1:30pm – 3pm

## Emergency Accommodation

Organisation	Type of Assistance	Hours
<b>Link2home</b> State-wide telephone service about homelessness  <b>Ph: 1800 152 152</b>	<ul style="list-style-type: none"> <li>• Link2home is a state- wide telephone service for enquiries about homelessness in NSW</li> <li>• Referrals to refuges</li> </ul>	24 hours/ 7 days
<b>Housing NSW</b> <b>After Hours Temporary Accommodation Line</b> Accommodation is provided only one night at a time  <b>Ph: 1800 152 152</b>	<ul style="list-style-type: none"> <li>• Department of Housing after hour's phone line for people needing immediate shelter</li> <li>• If eligible, Housing NSW may also provide RentStart financial assistance</li> </ul>	Monday to Friday 9am- 5pm Weekends and public holidays 10am – 10pm
<b>Anglicare</b> <b>(Aged Care Support line)</b>  <b>Ph:9700 7714</b>	<ul style="list-style-type: none"> <li>• Support community care specific to need for people aged over 65</li> <li>• Priority to elderly who are struggling</li> <li>• Referrals to other community care services</li> </ul>	Monday to Friday 6am- 7pm

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### Emergency Telephone Support

Organisation	Type of Assistance	Hours
<b>Domestic Violence Line</b> <b>Ph: 1800 656 463</b>	<ul style="list-style-type: none"> <li>• Assistance with AVO's</li> <li>• Counselling on domestic violence</li> <li>• Referral to women's refuges</li> </ul>	24 hours/ 7days
<b>Jewish House</b> <b>Ph:1300 544 357</b>	<ul style="list-style-type: none"> <li>• Crisis help</li> </ul>	24 hours/ 7days
<b>Lifeline</b> <b>Ph: 131 114</b>	<ul style="list-style-type: none"> <li>• Counselling Service with information about support services</li> </ul>	24 hours/ 7days
<b>Mensline</b> <b>Ph: 1300 789 978</b>	<ul style="list-style-type: none"> <li>• Counselling service with information about support services for men</li> </ul>	24 hours/ 7days
<b>Parentsline</b> <b>Ph: 1300 130 052</b>	<ul style="list-style-type: none"> <li>• Counselling service with information about support services for parents</li> </ul>	24 hours/ 7days
<b>Rape Crisis Centre</b> <b>Ph: 1800 424 017</b>	<ul style="list-style-type: none"> <li>• Counselling for victims of sexual assault</li> </ul>	24 hours/ 7days
<b>Salvation Army Assessment Line</b>	<ul style="list-style-type: none"> <li>• Emergency relief for bills, food and clothing</li> <li>• Eligibility requirements</li> </ul>	Monday to Friday 9am – 5pm
<b>Mental Health Line</b> <b>Ph: 1800 011 511</b>	<ul style="list-style-type: none"> <li>• Support for people in mental health crisis or on behalf of another person</li> <li>• <b>In an emergency call 000</b></li> </ul>	24 hours/ 7days
<b>Suicide Call back Service</b>	<p>24- hour service that provides telephone counselling to people 18 years and over who fit one of the following categories</p> <ul style="list-style-type: none"> <li>• People who are suicidal</li> <li>• People caring for someone who is suicidal</li> <li>• People bereaved by suicide</li> </ul>	24 hours/ 7days

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