

August at JNC

Aged Services

Monday Bus Outings

03/08 - South Hurstville RSL
10/08 - Maroubra Seals Bingo and lunch
17/08 - Rower's on Cook River
24/08 - South End Hotel
31/08 - Auburn Botanic Gardens Cherry Blossoms, lunch at Auburn Tennis Club

Tuesday Bus Outings

04/08 - Movie at Randwick Ritz lunch at South End Hotel
11/08 - Five Dock RSL
18/08 - Wisdom and Wonder with local Childcare and lunch at Yarra Bay Sailing Club
25/08 - Bankstown Sports Club

Wednesday Bus Outings

05/08 - Massey Park Golf Club
12/08 - Gymea Bowling Club
19/08 - Waverley Greens free lawn bowls lesson, followed by lunch at the club
26/08 - Dollar World and lunch at Smithfield RSL

Thursday Bus Outings

06/08 - Bankstown Sports Club
13/08 - Yarra Bay Sailing Club
20/08 - Ramsgate RSL
27/08 - Norths Leagues

Friday Bus Outings

07/08 - Play bowls at Waverley Green \$10, followed by lunch
14/08 - Navigating MyGov presentation at Glebe (10:30am-12:30pm), followed by lunch at Leichhardt Bowling Club
21/08 **Bus 1** - Merrylands RSL | **Bus 2** - Express Bus Outing to Art Gallery NSW
28/08 - Matraville RSL

Glebe Knitting

St Helen's Community Centre
10am-12pm
Monday 3rd, 10th, 17th, 24th, 31st

Men's Group

St Helen's Community Centre
10am-12pm
Monday 3rd, 10th, 17th, 24th, 31st



Walking Group Maroubra

Maroubra Library
9:30am
Tuesday 4th, 11th, 18th, 25th

Maroubra Knitting

Maroubra Library
9:45am-12pm
Wednesday 5th, 12th, 19th, 26th

Gentle Exercise Maroubra

Maroubra Library
10:30am-12pm
Wednesday 5th, 12th, 19th, 26th

Gentle Exercise Glebe

St Helen's Community Centre
10am-12pm
Wednesday 5th, 12th, 19th, 26th