

## JNC's Single Parent Support Group

JNC's SPSG is a 6 week program for parents/carer who wish to access information about relevant services and connect with other parents/carers in a supportive space.



The group will be facilitated by our families caseworker. Each week will include talks from other services and will cover topics such as mental health support, relationships and financial hardship.

Location confirmed upon booking



16/05/2023 - 20/06/2023



10am-12pm





