

JNC's Gentle Exercise Class

**Stay active & make
some friends!**



Where: JNC Glebe

184 Glebe Point Road, Glebe, 2037

Wednesdays 10:30am-12pm

Registration Is Essential



Looking for an opportunity to meet like-minded individuals? Come and join our exercise class! With a variety of alternative exercises tailored to meet your physical needs, it's the perfect place to mingle and make new friends.

ENQUIRE & BOOK



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