



OCTOBER is MENTAL HEALTH MONTH

... and the theme is Making Social Connections.
Sign up for Junction Neighbourhood Centre's free events!



IN OCTOBER ...	ON	DO	WHERE & WHEN	RSVP
	4 October - Wednesday	Holiday Fun Day	School holiday fun for families La Perouse Public School Yarra Rd Phillip Bay 11AM - 1PM FREE	9349 8200 to Tangee
	19 October - Thursday	Knitting Class	With Lee Palmer JNC Bondi Junction (59 Newland Street) 10AM-12PM FREE	9349 8200 to Shellie
	23 October - Monday	Chakra Dancing	With Nadine Moses Hope Uniting Church 829 Anzac Parade Maroubra 1PM - 3PM FREE	9349 8200 to Marie
	26 October - Thursday	Men's Bus Outing	Starts at JNC Randwick (2 Albert Street Randwick) Includes lunch 10.30AM - 1.30PM \$10	9349 8200 to Josh
	30 October - Monday	Garden Walk & Talk	Waverley Community Garden Meet JNC Bondi Junction (59 Newland Street) 1.30PM - 3PM FREE	9349 8200 to Shellie
	31 October - Tuesday	Theatre Games	With Philip Feinstein JNC Bondi Junction Afternoon tea + show 2.30PM - 4PM FREE	9349 8200 to Shellie

 TheJNC
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We offer similar workshops throughout the year
Phone 9349 8200 Email: contact@jnc.org.au
www.jnc.org.au

