

WHO WE ARE

The vision of The Junction Neighbourhood Centre is to contribute to and be part of a community that works together for justice, reconciliation, fairness, acceptance & tolerance for all. We strive to provide responsive and meaningful services to meet identified community needs and seek to develop community participation in the development of these services.

We encourage the participation and involvement of the local community and many of the services offered by **JNC** are supported by volunteers.

JNC is a non-profit community organisation subsidised through government funding, membership fees, sponsorship and fund raising.

Interpreter Service:

JNC will provide you with the assistance of an interpreter if required. Alternatively, you can call the Translating and Interpreting Service (**TIS**) on **131 450**. They will contact **JNC** for you.

JNC – Maroubra

Shop 2, 669-673 Anzac Parade,
Maroubra Junction, 2035

Monday to Friday
9.00am - 4.30pm

Closed for lunch 12.30pm – 1.00pm

Phone: 9349 8200
Fax: 9314 1788

JNC – Randwick

2 Albert St,
(cnr Avoca St)
Randwick NSW 2031

Tuesday, Wednesday, Thursday
(closed Monday and Friday)

10.00am - 4.00pm

Closed for lunch 1.00pm – 1.30pm

Phone: 9398 8620
Fax: 9398 9580



This brochure last updated March 2013

Aged & Disability Services

At The JNC Maroubra



Maroubra: 9349 8200

Randwick: 9398 8620

Email: adscoordinator@jnc.org.au

Website: www.jnc.org.au

Aged & Disability Services

Social Support Shopping Service

Regular, 2 hour, fortnightly service providing a support worker or volunteer in a car who will assist you to shop, bank, pay bills or undertake other activities where transport & physical assistance is needed. Some limits apply.

Monday Social Group Shopping Bus

Join the bus to Eastgardens. Pick up & drop off with 'one to one' volunteer assistance at the shops.

Wednesday Day Away Bus Outings

Wednesday bus outings provide frail older people who are isolated and/or housebound a day away from their home.

Friday once per month Movie Group

Outing includes transport and movie in a small supported group with our social support worker.

In Home Respite

Weekly 3 to 4 hour respite for carers of frail aged people including those with low level dementia.

Home Visiting

Our volunteer programme can provide volunteer home visiting for people who are socially isolated.

Phone Support

Service provided by our social support worker.

The Junction Neighbourhood Centre Maroubra Aged & Disability Services provides a range of support to frail older people, people with disability and their carer, living in the Randwick LGA

An assessment will be required to determine eligibility for some services. Waiting lists may apply for some services

Information Services

We provide a range of information resources to assist older people, people with disabilities and their carers.

Our Information service is available to assist you toward finding the services to suit your needs. If you are a carer, someone needing care or know of a friend or relative needing help, give us a call or drop into our shopfront. We can compile an individual information package to suit your needs.

Advocacy & Referral

We can assist aged people or people with disability with assessment & referral to appropriate services and/or advocacy.

Senior's English & Social Support

Provides weekly centre based support to seniors from a multicultural background. Help to improve or maintain English skills and involve in centre activities thereby avoiding social isolation.

Knitting Network Centre based Social Group

Meets every Monday from 12 to 2.30pm. Participants of all ages involved in 'Wrap with Love' knitting project, social interaction and other activities as decided by the participants.

Harmony Anxiety Support Group

Mental Health award winning support group meets weekly and provides a holistic approach to anxiety in a group setting with a trained facilitator.

Carer Support Groups

The Junction Neighbourhood provides support and meeting space to The Spanish Carer's Support Group and the ASPIRE support group for parents with children on the autism spectrum.

Home Services Directory

This useful resource provides contacts for all types of services that home deliver in the Randwick Local Government Area eg. groceries, medicines, hairdressing, x-rays and more.