

VAST Aged Care & Disability Training Calendar

Feb - Jun
2018

Training fees

Unless otherwise listed prices are:

CHSP/Disability funded service:

Half Day = \$50

Full Day = \$100

Non CHSP/Disability funded service:

Half Day = \$100

Full Day = \$200

Prices are GST inclusive & a small booking fee is charged.

Non-accredited training is **FREE** for CHSP/Disability funded volunteers.

Contact us to book in-house training today! VAST offers "Tailored 4 Tomorrow" & Customised Training.

>> Professional Development Series:

New HR workshop (red block) designed for Managers, Leaders & Coordinators. Presented by VAST & STARS.

View & book into our Southern Sydney Connection partners' training:

www.3bridges.org.au
www.4cs.org.au

F E B

WHS & Manual Handling*

Thursday 8 Feb 9.30am - 1.00pm

Room 2, Mill Hill Centre, Bondi Junction

Facilitator: Alana Mihalascu

Develop skills in practical application of hazard identification, risk assessment & control in the workplace.

*Essential for staff & volunteers to meet one of the four CHSP training requirements

Provide First Aid*

Tuesday 13 Feb 9.00am - 4.30pm

Level 3, Lionel Bowen Library, Maroubra

Facilitator: Mary Blankevoort

Skills & knowledge required to provide First Aid response & life support as well as how to manage casualties.

Provide CPR

Tuesday 13 Feb 9.00am - 11.00am

Level 3, Lionel Bowen Library, Maroubra

Facilitator: Mary Blankevoort

This accredited training is for beginners & for renewals.

Boundaries & Duty of Care*

Wednesday 28 Feb 1.00pm - 4.00pm

Room 2, Mill Hill Centre, Bondi Junction

Facilitator: Sin Mariani & Danni Meredith

Setting & maintaining appropriate boundaries is vital in relationships with service users. This training develops key skills & strategies which can be applied in every day practice.

M A R

The Balancing Act: Caring for Others & Yourself

Thursday 8 Mar 9.30am - 12.30pm

Room 2, Mill Hill Centre, Bondi Junction

Facilitator: Danni Meredith

Learn how to recognise when you are running on empty. Discover how to give back to yourself using an energising practise. Participants will develop a personal action plan that they can implement.

Volunteer Ready

Wednesday 14 Mar 9.30am - 4.00pm

Level 4, Australian Unity, Maroubra

Facilitator: Sin Mariani & Danni Meredith

FREE interactive workshop exploring interpersonal skills, fundamentals, rights & responsibilities of being a volunteer. Ideally suited to new CHSP/Disability volunteers or as a refresher for longer term volunteers.

Safe Home Visiting*

Wednesday 28 Mar 12.30pm - 4.00pm

Room 2, Mill Hill Centre, Bondi Junction

Facilitator: Betty Stampoulis-Lytle

Explores strategies to ensure the physical & emotional safety of staff when entering & working in service users' homes.

A P R

Managers' Breakfast

Thursday 12 Apr 8.30am - 10.00am

Room 2, Mill Hill Centre, Bondi Junction

Q & A for Managers to ask burning questions now that we are in year two of the NDIS roll out. For CHSP & Disability Funded Managers only.

M A Y

Elder Abuse & Disability Abuse and Neglect

Wednesday 2 May 9.30am - 12.30pm

Redfern Town Hall, Redfern

Facilitator: Danni Meredith

Discover the types, signs & symptoms of Elder & Disability Abuse & Neglect & when / how to respond & report. Ideal for frontline staff & volunteers.

>The Three R's in HR: Retention, Refuel & Reflection

Tues 8 May 9.30am - 1.00pm

Australian Unity, Maroubra

Facilitator: Carol Lewis

Learn how to manage Staff / Volunteer turnover, ensuring employee engagement, gain insight into new ways to manage & supervise staff & avoid burn out. Ideal for Manager and Coordinators.

Optimise your Telephone Interactions

Thursday 10 May 9.30am - 12.30pm

Room 2, Mill Hill Centre, Bondi Junction

Facilitator: Danni Meredith

Acquire skills to provide effective client service over the phone, build rapport & apply active listening to ensure you can respond accurately & in a timely manner. Suitable for staff and volunteers.

WHS & Manual Handling*

Wednesday 23 May 12.30pm - 4.00pm

Room 2, Mill Hill Centre, Bondi Junction

Facilitator: Doron Blaikie

See Thurs 8 Feb listing.

Provide First Aid*

Wednesday 30 May 9.00am - 4.30pm

Level 3, Lionel Bowen Library, Maroubra

Facilitator: Mary Blankevoort

See Thurs 8 Feb listing.

Provide CPR

Wednesday 30 May 9.00am - 11.00am

Level 3, Lionel Bowen Library, Maroubra

Facilitator: Mary Blankevoort

See Tues 13 Feb listing.

J U N

Boundaries & Duty of Care*

Wednesday 6 Jun 9.30am - 12.30pm

Redfern Town Hall, Redfern

Facilitator: Danni Meredith

See Wed 28 Feb listing.

Practical Tips for Managing Common Mental Health Issues

Thursday 14 Jun 9.30am - 12.30pm

Level 4, Australian Unity, Maroubra

Facilitator: Danni Meredith

Learn strategies to help de-escalate a mental health crisis, provide appropriate & timely referral whilst maintaining your own personal safety & that of your client/s.

Volunteer Ready

Thursday 21 Jun 9.30am - 4.00pm

Level 4, Australian Unity, Maroubra

Facilitator: Danni Meredith

See Wed 14 March listing.

Safe Food Handling*

Wednesday 27 Jun 1.00pm - 4.00pm

Room 2, Mill Hill Centre, Bondi Junction

Facilitator: Jill Lipman

Provides skills & knowledge on how to shop for, prepare & store food to eliminate the incidence of food poisoning.



Volunteer & Service Training

VAST is funded under the Commonwealth Home Support Programme through the Department of Health and under the Community Care Support Program through Family and Community Services (ADHC).



TheJNC

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*Essential training for staff & volunteers to meet CHSP training requirements

Book online: jnc.eventbrite.com.au

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www.jnc.org.au